



GRACE



Northumberland Sexual Violence Project



Are you a woman who needs to talk to someone about rape or sexual abuse?

You can call our free confidential helpline on

0800 035 2794

**Tuesday & Thursday Evenings
6.00pm to 8.30pm**

**To access counselling in Northumberland
please call 0191 222 0272 or the
confidential helpline**

www.tynesidercc.org.uk/grace.htm

Charity Number : 508177

T Y N E S I D E

RAPE CRISIS CENTRE

**Sexual Assault Counselling
& Information Service**