

T Y N E S I D E

RAPE CRISIS CENTRE

Sexual Assault Counselling
& Information Service

Rape & Sexual Abuse Helpline



0191 232 9858

**Tuesday & Thursday
6pm - 8.30pm**

If you are woman & have been affected by Rape, Sexual Assault or Sexual Abuse at anytime in your life & you would like to talk then please call & speak to one of our trained female helpline workers.

The helpline can be used to access
Support & Information

www.tynesidercc.org.uk



Charity No. 508177

